

Guy Waterman Alpine Stewardship Fund End of Project Reporting Form

Project Title: Alpine Education on Maine's Appalachian Trail

Organization Name and Mailing Address: Maine Appalachian Trail Club,
c/o 231 Maine Avenue, Portland, ME 04103

Contact and Title: Holly Sheehan, Club Coordinator

Date: December 16, 2005

E-Mail Address: matc@awi.net

Phone Number: (207) 797-2347

Please answer the questions below:

1. What were your major accomplishments?

(A) Alpine education was integrated into our caretaker and ridge runner training. We made a power point presentation introducing the program, which highlighted alpine plants and related issues. Background information about alpine ecology was included in our paper training manual. Caretakers and ridge runners received two books, AMC Field Guide to Alpine Summits, by Nancy Slack and Backwoods Ethics: A Guide to Low-Impact Camping and Hiking, by Laura and Guy Waterman. A botanist from the Maine Natural Areas program gave a presentation about the alpine zone. Our caretakers and ridge runners engaged in a 2-day Leave No Trace workshop in the field and learned about protecting the alpine zone.

(B) Our caretakers and ridge runners had contact with more than 8,000 hikers recreating on Maine's Appalachian Trail at well used camping areas, in close proximity to alpine ecosystems. Caretakers and ridge runners delivered the Leave No Trace message and alpine education, working with organized groups, solo hikers and others.

(C) Alpine education was integrated into our Leave No Trace workshops for trip leaders. This curriculum was piloted to trip leaders from three Maine summer camps: Darrow Lakes Wilderness Camp, Camp Kieve and Wavus Camp.

2. Describe any setbacks and how you addressed them.

Our project went very well. There were no set backs.

3. Describe any unexpected results or findings.

The project went as expected.

4. Who else has funded this project, and at what level?

Our caretaker and ridge runner program had funding from the Appalachian Trail Conservancy (\$8,400), the Maine Bureau of Parks and Lands (\$5,000), L.L. Bean (\$10,000), Piscataquis County (\$1,000), the Maine Outdoor Heritage Fund (\$5,000). The Guy Waterman Stewardship Fund was the only organization that gave specifically for alpine education.

5. Will this project be sustainable? If so, how?

Absolutely! By integrating alpine education materials and knowledge into our caretaker and ridge runner training and Leave No Trace workshops alpine education on Maine's Appalachian Trail is sure to continue and be sustainable. The Maine Appalachian Trail Club is committed to protecting alpine habitats and we now have some great tools to utilize for this purpose. Alpine education will continue for as long as we have the program. The program is dependent on funding from partners and community organizations. However we plan on seeking out the funding and continuing our education program for years to come.

6. Please attach a final accounting for the project, showing cash expenses, other sources of income and amounts, contributed volunteer labor with description of labor and number of hours.

Expenses	Funding Sources	
	Guy Waterman	MATC
STAFF		
<u>MATC Coordinator (\$17.96/hr)</u>		
Project Research (33 hrs)	\$592	
Development of Power Point Presentation (50 hrs)	\$898	
Curriculum Planning/Props (17 hrs)	\$305	
Alpine Plants Pages (10 hrs)	\$179	
Teaching LNT workshops (22 hrs)	\$395	
Grant Administration (18 hrs)	\$323	
<u>MATC Caretakers and Ridgerunners (\$10.18/hr)</u>		
Attend LNT/alpine trainings (5 staff x 20 hrs)		\$1,018
Hiker "On Trail" Education (5 staff x 20 hrs/week x 15 weeks = 1,500 hours)		\$15,270
<u>Volunteer Hours (value \$17/hr)</u>		
CARE Committee - Project Oversight, Site Supervision (low estimated 80 hrs)		\$1,360
The Caretaker and Ridgerunner program has 4 volunteer Site Supervisors and many people assisting them. Site Supervisors organize the pack-in and pack-outs, make site visits at least twice each month and make weekly phone calls to the caretakers and ridge runners. They manage the employees and trouble shoot		

problems that come up. These volunteers participate year round on the CARE committee and manage hiring, trainings, and other aspects of the program.

OTHER COSTS

Mileage for Club Coordinator (.30/mile x 651 miles)	\$195
Film and Processing	\$26
<u>Books</u> (6 used copies of each book)	\$87
<u>AMC Field Guide to Alpine Summits</u> , by Nancy Slack and <u>Backwoods Ethics: A Guide to Low-Impact Camping and Hiking</u> , by Laura and Guy Waterman.	

TOTAL PROJECT COSTS	\$3,000	\$17,648
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Alpine Botanist Consultant

Workshops

Professional services donated from the Appalachian Trail Conservancy and the Maine Natural Areas Program

7. If there are documents, brochures or other items that are relevant to this project, please attach them. Jpeg photographs and electronic files are preferred.

Please e-mail completed form to Doug Mayer at dmayer@cartalk.com or mail to:

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